



Advisory on CORONA VIRUS (2019-nCoV)



By

Blue Circle Medi Services



BLUE CIRCLE MEDI SERVICES HEALTH CIRCULAR Advisory on “CORONA VIRUS” (2019-nCoV)

Corona is a large group of Viruses, which can infect both humans and animals with cold related diseases. The intensity of the infection ranges from common cold to acute respiratory syndrome.

However, 2019 Novel Coronavirus (2019-nCoV) is a virus identified as the cause of an outbreak of respiratory illness first detected in Wuhan, China. The new strain of coronavirus which causes MERS, is a novel Virus to humans. So far the information related to the disease, its signs, modes of transmission and even the sources of infection is very limited.

Ministry of Health in coordination with WHO and international experts, are working on finding out more about this virus.

Signs and Symptoms of Corona Virus The following are the typical symptoms of corona virus infection.



- Coughing
- Fever
- Pneumonia
- Shortness of Breath
- Vomiting.
- Diarrhea.
- Running Nose
- Headache

Symptoms of 2019-nCoV may appear in as few as 2 days or as long as 14 after exposure. However, in advance cases, the patient can have very serious complications, which can lead to death such as: Severe Pneumonia, Renal Kidney failure.

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How it Spreads?

Coronavirus in Human most commonly spreads through an infected person.

- Coughing and sneezing
- Close personal contact (eg. touching or shaking hands)
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes before washing your hands.
- Rarely Fecal contamination.

Prevention

There is currently no vaccine to prevent 2019-nCoV infection.

The best way to prevent infection is to avoid being exposed to this virus.

However, as a reminder, CDC always recommends everyday preventive actions to help prevent the spread of respiratory viruses, including:

- Wash your hands often with soap and water for at least 20 seconds.
- Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Avoid all non-essential travel.

Treatment

There is no specific antiviral treatment recommended for 2019-nCoV infection.

People infected with 2019-nCoV should receive supportive care to help relieve symptoms.

For severe cases, treatment should include care to support vital organ functions.

- People who think they may have been exposed to 2019-nCoV should contact healthcare provider immediately.

This advisory is based on the article published in Medical Journals Please click the below link <http://www.kc.bluecircle.in>

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